

Shoredump Newsletter

Merewether SLSC

August 2014



The President

Nick Newton

Although we don't start our patrols until the 20th September the running of the AGM last weekend officially signified the start of the new 14 – 15 season, so with that welcome everyone to another year on the beach. Also congratulations and welcome to our new committee members and members who have moved to new positions and thanks again to the guys that are stepping down for the efforts during their time with the committee. Also another big thanks (again) goes to Emma for putting it all together for us.

A couple of notable points were raised at the meeting;

The constitution, it was explained to the attendees that the document is in its finished format but still had to have a final review from Craig Doyle, our club solicitor, this was to ensure everything was in order from a legal perspective. Unfortunately due to a bad cycling accident Craig wasn't able to complete the last part of the review in time for us to get the document out in the required time prior to the AGM and allow us to have a final acceptance vote. Since then the document has had its final reviewing and is now available for public viewing and comment.

So we can keep moving forward with this it was moved by the committee and accepted by the floor that an extraordinary meeting be held at the club on the 14th of September for a vote of acceptance on the constitution document, it was also moved that any comments on the document be in writing to the executive committee by the 7th of September for consideration.

It's envisaged that this will be a short meeting and we ask people to attend so we can complete this important process.



Events

- Bronze/SRC info night 13th August
- Rego dates 13th, 17th & 31st August
- Proficiencies commence Sunday 31st August – get in early

On another note Craig is home and recovering from his accident.

Security; we are taking the next step and will do away with the door code and instead introduce a swipe "fob" for the club door access, this will be in the format of a wristband with the magnetic key in the band itself and was deemed the preferred method over a swipe card or actual key fob. As with all these type systems they have the ability to track usage and to be able to turn off and on individual tags and it is also the type of system that could in the future be expanded to all doors of the club and do away with keys altogether. The bands have been ordered and will be delivered to the club shortly; people needing access will need to approach the committee so they can be recorded into a "key" register. We will let everyone know through the "what's on" and by SMS when the bands are available and who to contact.

Nick

Registration Dates for new and renewing members:

- ❖ Wednesday 13th August 6pm
- ❖ Sunday 17th August 10am
- ❖ Sunday 31st August 10am

OR

Alternatively - Online renewals can be done online at [Lifesaving Online](#)

New Working with Children Check - [click here](#)

Every member of the club will be required to undertake the new Working with Children check. The check is the same for other organisations so you may already have done this if you work with children in your profession.

Most of the process can be done online, however you will need to take your receipt into a Motor Registry or Council Agency to verify your identity. Once completed please send your WWC verification number to the new Registrar, Tim email: timbrushaber@hotmail.com

Club Captain's Report

Hello everyone, hope you're having a great winter, patrols are just around the corner behind the scenes Bruce and I are working through the list of things that need to be done before patrols start. The 2014-15 patrol roster is being published, with Patrols 8 and

9 kicking off Patrols for us this year. As mentioned in previous newsletters the major focus for this year will be on active patrolling, which for us means:

- ensuring the flags and beach are set-up by 9am
- patrolling the water's edge and not just sitting in the tent

We are encouraging all patrol members to get their proficiency done early. Dates are as follows:

Sunday August 31 - 9.00am Water proficiency (run/swim/run, board/tube rescue);
10.15am Land Proficiency (CPR, 1st aid, signals, radio)

Wednesday September 10 -Land proficiency @ 6pm

Sunday September 14 - 8.45am Water; 10.15am Land

Wednesday October 15 -Land proficiency @ 6pm

Sunday October 19 - 8.45am Water; 10.15am Land

Wednesday November 13 -Land proficiency @ 6pm

Sunday November 16 - 8.45am Water; 10.15am Land

Wednesday December 11 -Land proficiency @ 6pm

Sunday December 14 - 8.45am Water; 10.15am Land

Our pre-season Patrol/Vice Patrol Captains meeting is being held on Monday September 1 - if there are any improvements or suggestions you have to how we patrol let your Patrol/Vice Patrol Captain know or email me (davidhoar@y7mail.com) or Bruce (bruce_rummins@hotmail.com).

Dave/Bruce

GENTLE REMINDERS:

- *LOCK UP the club when you leave*
- *TURN LIGHTS OFF WHEN YOU LEAVE*
- *Make sure door is locked when you leave*
- *Kracka Boards are NOT to be used to surf on*
- *Radios should NOT be carried by the antennas*

Board Training for Members

Winter times

10am Sunday Blacksmiths \$10

Juniors

SRC information night 13th August 2014.

Registration Information days - Sundays 17th and 31st August 2014

10am-12pm @ Merewether Surf Club

Proficiency Swim dates – To Be Confirmed

Nippers Commences Sunday 5th October 2014 / Finishes 1st March 2015

Education

Maintenance (proficiency) 2014/15 Season

Bronze Medallion

This season the Club will be placing an emphasis on Signals, Radio and CPR within the Skills Maintenance Sessions.

Signals will require knowledge of 8 out of 10 of the approved signals given; with candidates not achieving the 8/10 will be deemed 'Not Yet Competent' and asked to return for another attempt. Two of the signals given will be 'Code X' – *missing patient* and 'I'm OK' these two signals were introduced last season. A Signals chart is available in the Patrol Room and an internet link is available on the Merewether SLSC website.

A knowledge of the use and care of our hand held radios will be tested and you may be asked to participate in a common radio scenario, a copy of the 33rd edition of the SLSA manual is available in the patrol room for perusal, this contains a chapter on correct radio use.

CPR this season has not changed in the requirement of the 30/2 ratio but candidates will be required to perform CPR on a manikin for four minutes uninterrupted in order to adhere to the new HLTAID units of competency.

Remember – 'An early proficiency is a good proficiency'

SRC – Do not forget that SRC's have to perform Run/Swim/Run and CPR proficiency as part of Skills Maintenance each season.

Radio Operator – Members who have a Radio Operator Certificate are also required to complete ROC proficiency, this may be carried out on the same proficiency days as the Bronze Medallion and you have to complete the Radio Section.

Courses – Check the What's On weekly emails for updated information on courses

Positions Vacant:

- **Beach Events Trainer**

The club is looking for coaches for beach events e.g. flags, beach run etc. Have you had previous experience inside or outside the club with coaching athletes? and/or would you like to learn to become a beach coach at the club? and get involved with the beach sports side of surf life saving. Expressions of Interest or Inquiries, please contact Kevin Buckley on kevyfooty@hotmail.com

Club's Surfcam

The live stream of Merewether Beach plus local weather is all now available for viewing from the club's website.



Carnivals

October		
Saturday 4th	Goldie Classic	Redhead
Saturday 25	Junior Carnival (U11to Opens) Rd 1 Perm Series	Catherine Hill Bay
November		
Sat 1 st and Sun 2 nd	Coolangatta Gold	QLD
Saturday 8 th	Board and Ski Series – Rd 1 Kracka Ironperson	Redhead Swansea Belmont
Sunday 9 th	Lake Macquarie Games Rd 2 Newcastle Permanent Series	Swansea Belmont
	Streets Boat Series Rd 1	Forster
Saturday 15 th	Board, Ski and teams - Rd 2	Swansea Belmont
Sunday 16 th	Masters Carnival	Stockton
Sunday 22nd	Masters Carnival	Freshwater Bch
Sat 22 nd and Sun 23rd	Coffs Harbour Craft Carnival	Coffs Harbour
Sun 23 rd	Junior Carnival U8-U14 Rd 3 Perm Series	Fingal Beach
Sunday 30 th	Streets Boat Series Rd 2	Fingal Beach

For more info, email Kev Buckley at kevyfooty@hotmail.com

Upcoming Courses

Level 1 Officials Course - 28th October and 4th November 2014 (Tuesday nights - need to attend both) - more information contact Kevin kevyfooty@hotmail.com

IRB Night Operations Course - Friday, 15th August 2014 - more info contact Charlie on robbugbird@live.com

Trainers Course - Saturday, 23rd August 2014 - more info contact Charlie on robbugbird@live.com

IRB Night Operations Course - Friday, 12th September 2014 - more info contact Charlie on robbugbird@live.com

Assessors Course - Saturday, 13th September 2014 - more info contact Charlie on robbugbird@live.com

Basic Beach Management Course - Tues 23rd & Wed 24th September 2014. - more info contact Charlie on robbugbird@live.com

Responsible Service of Alcohol (RSA) course - Contact Norm, email: rodgers0@bigpond.com

Function Room

The surf club is a host to other feel good activities all year round so why not add Karate, yoga or Pilates to your weekly activities.

- **Karate** with Rod Tuesdays and Thursdays Jnrs 4.30 and seniors 5.30
- **Yoga** with Josh and Jade - 5.30pm Monday nights, 6am Wednesday morning and 7am Saturday mornings
- **Pilates** Tuesday and Thursday 6.30am starting Sept (see flyer) with Christine
- **Rejuvenating yoga** with Sarah Tuesday and Thursdays 10.30-11.30
- Cost \$15 per class. Questions to Sarah 0438 556966.

Information can be found on the glass doors.

Stay active, keep fit and get yourself ready for the upcoming season :)

Susan

Annual Club Clean Up Day

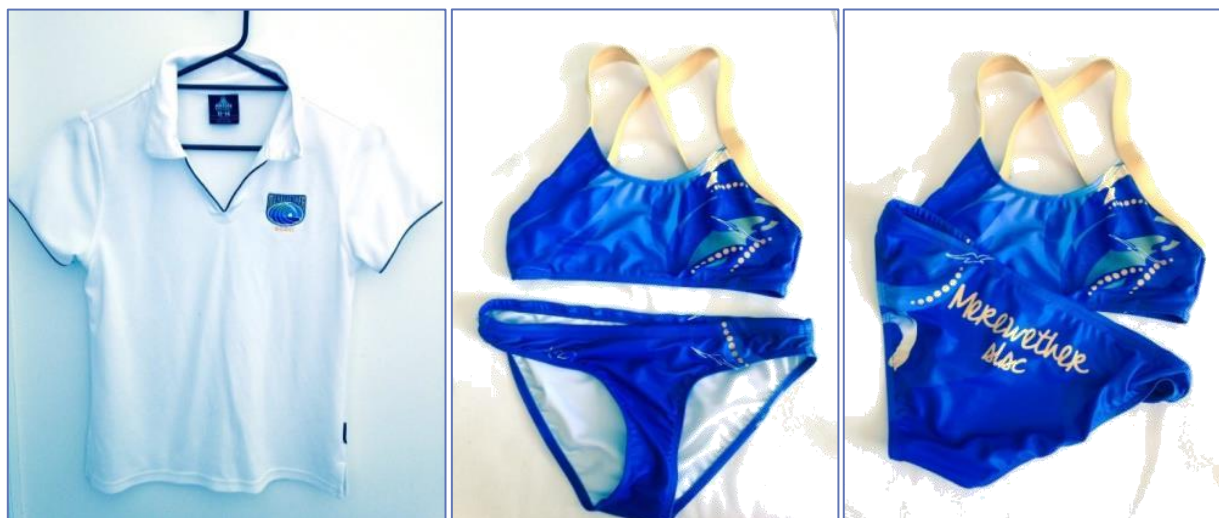
Thanks to everyone who came along and helped with our annual clean up.

Clothing and Merchandise

- White club polo (pictured below) - \$35
- Club Caps striped or flame - \$15
- Long sleeve white shirt (limited sizes) - \$25
- Blue and Yellow Polo (limited sizes) - \$25
- Womens Bikini (TBC) (pictured below) - \$55
- Mens and Womens Jackets - \$45
- Mens and Womens Board Shorts - \$ 45



Please contact Warren Sterling on broadoak@optusenet.com.au for ordering and purchasing details.



Merewether SLSC Coffee Cups

They make great gifts for family and friends and are now available for purchase at \$14 (RRP) All inquiries and orders to Emma on mslsc.secretary@gmail.com

Committee 2014/15 season

President	Nick Newton
Secretary	Emma Gale
Treasurer	Ross Taggart
Registrar	Tim Brushaber
Club Captain	Dave Hoar
Vice Club Captain	Bruce Rummins
Director of Education	Charlie Bugbird
Surf Sports/Competition	Kevin Buckley
Junior Activities Chair	Mark Owen
Youth Co-Ordinator	Gen Pezzimenti
Gear & Equipment Officer	Bernie Sabine
Boat Captain	Toni Woodcock
IRB Captain	Nathan Wright
Radio Officer	Richard Taylor
WH & S Officer	Warren Sterling
Function Room Manager	Suaun O'Loughlin
Licensee	Norm Rogers
Board & Ski Captain	Mark Woodcock
Publicity Officer	Rachel Soars
Public Officer	Emma Gale
IT Co-Ordinator	Evan Jobling
Member Protection	Kate Flint
Rookie Co-Ordinator	Peta Owen

WELCOME ALL TO THE 2014/15 SEASON

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